

## **2-April-2021\_kept soft with tears**

(Spirit helper speaking: ) I'm the one who holds your heart through the ups and downs and challenges. I keep watch over the moods, and intents of your heart. I keep it soft, for that is even more important than being strong and able to "manage whatever life dishes out to you".

I keep you soft with the tears of trials, and I hold you tenderly.

Don't think it strange when something happens that breaks you down a bit, and the tears flow, seemingly for no reason, or not one that you can fully understand.

When a heart breaks, the tears flow, for they come from inner wells of a soul.

I hold you and place my hand around your heart so that the water lavers all around and loosens the rough bits. I make sure the tears are well used, and used to wash away that which might clog things up.

I use the skill of each finger to work into the arteries and clean them out, using the tears of washing that pour out from your soul. It's like turning on a tap. I use the flow to clean and to cleanse and to make you sparkling and ready for the next flow of life-giving blood from the heart of God to pump through and cause new life to be born.

Like a mother's heart that pumps and gives the blood flow to nourish a young one inside of her, so does the blood of the saviour pumping through a humble vessel renew and create new life.

Let me use the tears you shed to cleanse and ready you.

I love you and do it all with precision.

Surrender to the watershed, to the chastening, to the humbling.