

3-Dec-2021_change your mood

(Jesus speaking:) Your moods and your attitudes really do affect the world around you. If the enemy can get you to mood change—sort of like changing a channel—then there is a pretty good chance you will yield to doing this or that, according to his plans.

That is why praise is always the best channel to be on, fairly consistently, because then you are more yielded to doing—because you have the faith to do—what the Lord wants you to do.

So many things can and will, or can attempt to change your mood—the weather being a pretty easy one to direct most people with; or the words of others are one of the strongest ways; things breaking; schedules being adjusted unfavourably to you; aging problems; a look in the mirror; a card or note being sent. In fact just about everything that your senses take in and register also have a mood trigger switch. And you have to be really strong and guarded in spirit for these things to not smash and crash you, and toss you like some sort of fluctuating weather.

(Jesus speaking:) You know what I'd most like? I'd like your mind, your thoughts to be totally taken over by Me, so that no matter what angering ordeals you might be forced to face, you have an empty vacuum for My thoughts to use your mind.

You can do this best by memorizing scriptures and keeping My word constantly going through your head. Do this and please Me.