

5-FEB-2021_praise clears the way

(Angel speaking:) Hi, Honey, I'm your heart, mind and conscience angel. I've been monitoring how your thought patterns go, and have come up with a little way for you to get to the "happy place" quicker, when things are tough for you. By "tough" I mean it's hard for you to keep acting all sweet and nice as things press on you a bit more than you feel you can manage.

First praise; always do so, for this clears the way. It's like cleaning the old dishes first before starting to cook the next meal. Clear out the old, then the new can start.

Often the old crusty feelings are a lack of proper heart cleansing, and it shows up when you "visit" that place or situation or scenario again. Then rather than having a fresh new way to deal with the situation you click into the sad way, still encumbered with the left over old and sad feelings.

If you had gone through some deep cleaning about each hard thing, and taken in God's Word, and prayed and heard fresh from Him on it, then these bad feelings wouldn't hit you in the face again the moment you stepped into the room again of a certain hard-to-deal with situation or reaction of others. But time is a factor and life goes on, and you hardly remember the bad moments later in order to get cleansed when you had the time.

So praise is the fast cleaning service that does it for you, when the old and bad feelings hit you.

Once that is done, then you can ask, "Lord, what do You want me to make of this situation?" (Yes, I know it's a pun.)

He can help you make something good out of it and react in a way that nourishes others.

So, praise, then pray, and then perform—do what you are meant to do. And last of all, proceed. Don't get stuck mentally mulling over a situation. Move on to the next act of the day. And run hard, work fervently, do your best to win the most in a day.

It's good that you use the "blank" time of your mind to pray for those in need of faith-strengthening courage, or anyone in need of prayer. This way you tick two boxes, or many really, but primarily keeping your mind filled with good things, as well as getting the most done with your day through using the power of prayer which can accomplish much more than you ever can.

I love you and will keep at it, guiding and leading you through the twists and turns of life.

--In His Name, yours.