6-Jan-2021_snap back in to shape

(Jesus speaking:) Sometimes things have got to hurt, so you know what is wrong, and can make better choices. It's not to break you down and stop you altogether, but to teach you and to be as instructing feelings and memories to guide you sometime down the line. So if something stings a bit, or overwhelms your heart with sorrow, or grabs your conscience and gives it a beating, it's to make a wise woman out of you. Down you go, but up comes a more tall-standing, right-thinking soul. Hurt and help so often go together.

Learn quickly, and the joy that comes after pain of chastening can come more quickly. If you just roll in the slime of despair it's not going to make you any better, and you'll learn far less as it takes you so long to get over one blow. There's not time then for too many more. Learn it, rise from it, and keep going. Blow! Then repeat. Learn, and get up and keep traveling. You'll learn more and faster the quicker you can snap back into shape and get ready for another round. You'll get tougher and wiser.