

Dec-2021_One Day at a Time

(Spirit Helper speaking:) Open your heart to His love today. One day at a time is all you need to survive. What did Jesus tell you today? If you don't know, ask Him to say it again, more clearly, and take note of it. Go on the strength of His Words, for these are tokens of His love that are infused with potency to buoy you up. His Word heals, restores and carries. –And so much more.

Just a moment with the Master can wipe away your fears and tears and remove unnecessary weights, making you run lighter and more swiftly.

How does He do this? Ask Him if you want to know how and why it works. But if you are content to know there is magic in spending time with the Master, then enjoy discovering it for yourself, one day at a time.