

## **Dec 2021\_A looming wort down to size**

(Spiritual messenger speaking: ) Once I tried to pick at a wort. It was bothering me so much. It's not that it was all that big, but when it's all I could see, the problem loomed big in my eyes. A tiny bump of a wort seemed nearly as high as a mountain to me; a mountain I couldn't get over. But when I picked at it, it only made things worse. Then it was hurting and bleeding. I couldn't take it off. Like some problems, they just won't go away no matter what you do. But the more you focus your attention on them, the bigger they seemed.

If instead I had looked in some other direction and focused on the good of it—like the fact that I still had good eyesight, or that I had food and water that day—then I would have been much happier.

So if you have something that is really bugging you, and you just wish it would go away or be given to you, or be resolved in your favour, try looking in another direction for awhile, at all the good that has been given to you. And, Shrink! Down to its actual size will that looming problem then go. And as you then also praise the Lord for all His goodness to you and your family—your large Family of God that you all are a part of—He just might do you a dear little favour by removing that bugging issue that you were having a hard time with.

So one day, when I was thinking about something else, something far more exciting than a troublesome wort, it just fell off. I don't know what happened to it that made it suddenly go away, but it didn't happen when I was fretting and fuming, but when I was happily doing something for someone else, and thinking about better things.

Your thoughts really will affect what goes on in your life there and now—and affect your future as well.

Stay positive! Stay pure! And most of all, stay very near to your Lord and Master, the King of all.

I love you!