Dec 2021_Opening up a Channel for More Blessings

(Spirit Helper speaking:) "Delight yourself in the Lord!" You can't have delight unless you are praising. So what do you have to be glad about? If I took a praise-thermometer and checked your praise temperature, would you be healthy or weak and sickly?

The more praise you utter and think about, the more "normal" and well you will feel.

You not only please Jesus by praising Him, but it's going to end up pleasing you as well, for when you are in a praiseful frame of mind, many unexpected great things can happen.

See, praise seems like it's a gift to Jesus, and it is; that's how it works best. It seems it's giving to Him something that costs you a bit of humility, and you might have to give up your temporary moping, and that can be uncomfortable. But in reality, praise is just opening up a channel for God's blessings to come down to you more easily.