#### Joy

- ✤ Joy sings our hearts awake to realise the good that surrounds us.
- ✤ Joy makes our load of care seem lighter and our work less wearisome.
- Joy wipes away our own tears while we tend to the needs of others.

#### The Gift of:

## Faith

- Faith makes the impossible become reality, by banishing all doubt.
- Faith melts away worries with its flame of positivity.
- Faith looks despair and loss in the face and laughs, "The best is yet to come!"

## The Gift of:

#### Bravery

- Bravery does the emotionally difficult, for the good of others.
- The brave don't count the losses and the wounds, but the times they've risen to their feet and tried again.
- To the brave, enjoying sweet victory after a long struggle isn't a final destination, but as a perk to the journey, before carrying on to new mountain peaks.

#### Peace

- Peace fills the souls of those that open their hearts heavenward.
- Peace stills the storms in other's lives when we act with calmness and patience.
- Peace eliminates fear, and gives repose to our shaking nerves, when we rest in the knowledge that we are not alone.

# The Gift of:

# Inspiration

- Inspiration is loosed by hands eager to live and fill the world with positive change.
- There's never a dull moment to the one who looks beyond the mundane and ordinary to realise the invisible power behind it all that is constantly creating new life.
- To inspire the good will of others is to flip a switch that turns on a light in their heart a light that will lead them to flip a switch of inspiration in another, and they in another. The world will become a brighter place for us all as a result.

# The Gift of:

## Patience

- Patience waits, not for the best to be handed to us, but for the opportunity to give the best to our loved ones.
- Patience knows that one day all wrongs will be righted; it doesn't force it all to happen today.
- The lips of the patient speak wisdom and show love.

## Humility

- Humility lets others cultivate self-esteem that expresses itself in ways that benefit the giver in return.
- The one who walks in humility knows that all good they hold has been given to them; this realisation yields forgiveness and patience with others' blunders.
- Humility lets others shine in all the ways they can, and gives a reassuring pat on the back when it seems the light and glory of the moment has faded.

## The Gift of:

## Норе

- Hope gives others the thumbs up to try something new; and gives us the freedom to do the same, unchained to fear of failure.
- ✤ Hope looks for solutions, knowing when—not if—it finds them, things will improve.
- The unkind and discouraging words of others don't hinder progress when hope is our companion.

## The Gift of:

## Truth

- Truth is sought for at all costs, and is shared with others in humility and wisdom.
- The goal of pursuing truth isn't to merely give or gain knowledge, but to receive understanding, insight, and to discover opportunities to help others.
- The secrets that God wants to tell each of us is the purest truth on Earth.

#### Love

- Love knows there is good in each person, and never tires of spotting it.
- Love is a glove that warms another's hands; a tissue that dries another's tears; a supportive bridge that allows others to cross over and enjoy a paradise on the other side.
- Love forgets—forgets itself, forgets mistakes, forgets to keep score, and forgets that it's someone else's turn to do the kind deed.

## The Gift of:

## Wisdom

- Wisdom is learning when and how to act—based on the lessons our scars have taught us.
- Wisdom knows it never knows it all; there's always more to be learned, explored and discovered—each one on Earth can teach us something new, and wisdom garners it.
- The wise listen more than they express; give more than they seem to receive; encourage others while patiently waiting for their over-due turn.

Strength

- Strength is leaning on Heaven's Everlasting, tireless arms to help us carry on when our human strength fails.
- Strength is saying yes, when you feel like saying no, and saying no when its best to.
- Weariness, fatigue, exhaustion, apathy and weakness take flight when the hidden resources of gratitude and prayer are allowed to empower us.