

—Moments with the Master—

**MY
MIND
IS
GOD'S
ZONE**



—Part 2 (of 5)—

—Moments with the Master—

**A series of 50 topics for refreshing
and reflecting in quiet moments.**

**My Mind is
God's Zone
—Topic 11—**

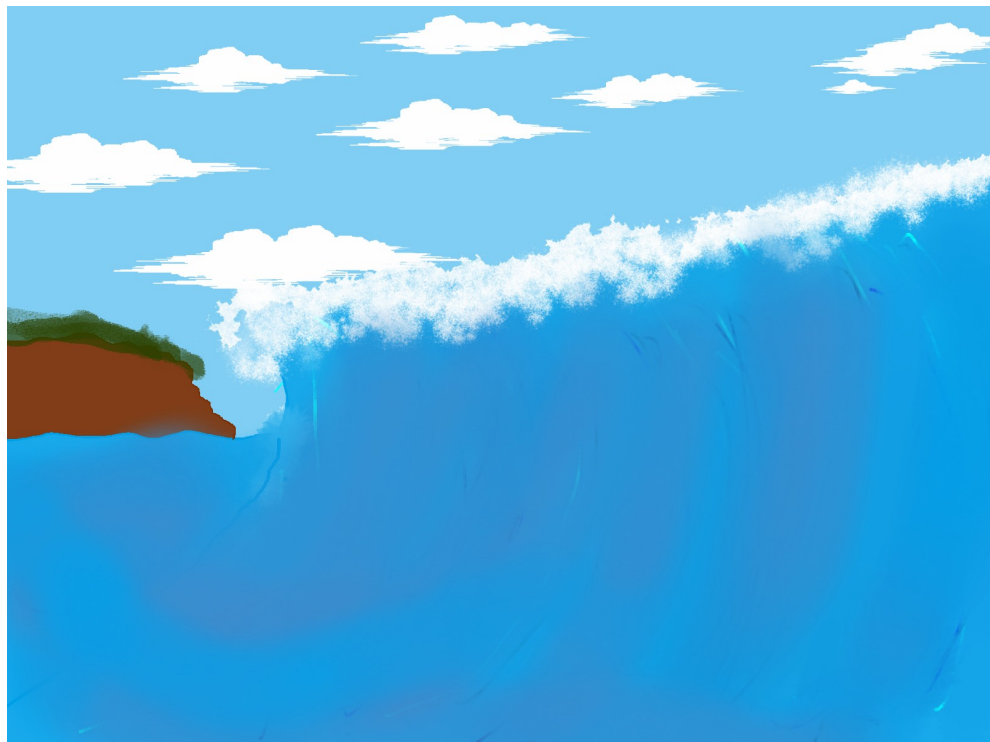
**Each topic includes writings such as true stories, reflections, poems,
words from Jesus, scriptures, praises and prayers, along with lovely
contributed illustrations and photos to add colour and artistic beauty.**

Part 2 (of 5)

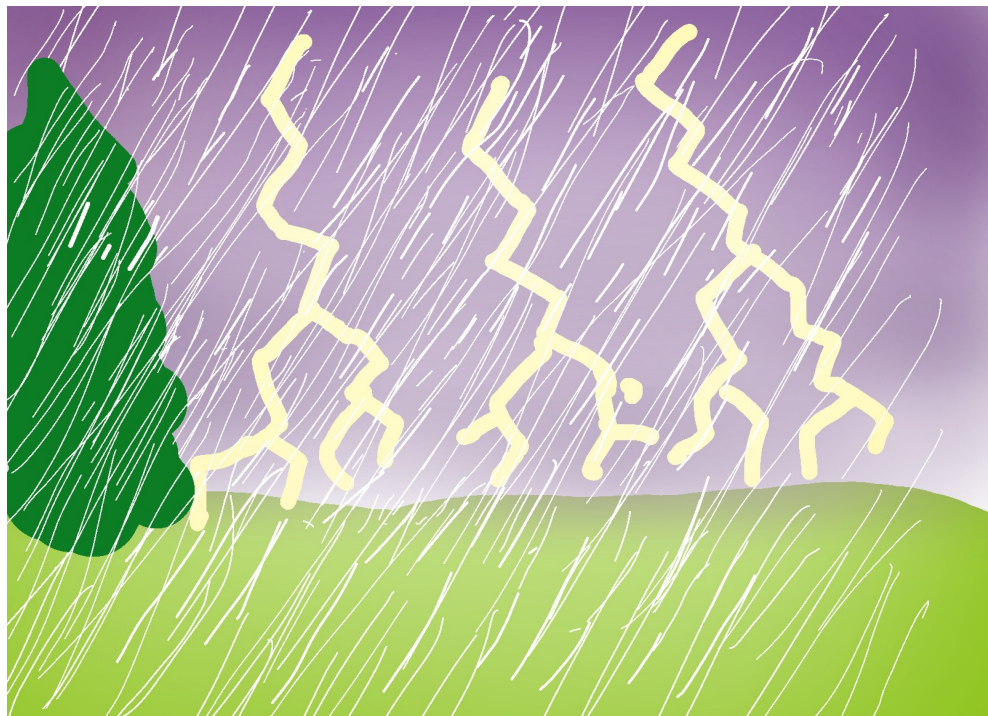
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Illustrations by A. Charles (11 yrs.)

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You are My anchor, Lord, when things get rough and stormy. When I don't understand what's going on and my thoughts and fears pile up like waves on an angry sea. Thank You that You are in control, the Master of the wind and waves. You commanded them to calm down and they did. Thank You that You can calm my thoughts and give me peace. You are the Captain of my soul. I trust in You and I love You.



Pull Your Troubles

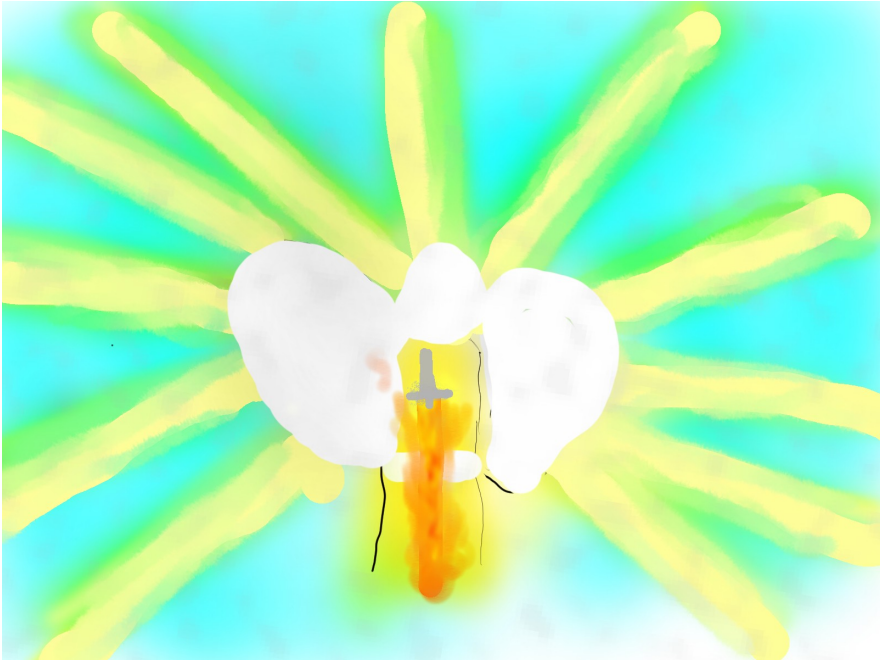
At night before you sleep, my dears,
You must reach deep inside
And pull your troubles out your ears
Wherein they like to hide.

A trouble is the kind of thing,
It's very often true,
That bothers you more than the soul
Who passed it on to you.

—By Barbara Vance



(Jesus says:) Stop for a moment. Come outside and look up at the sky. See how big it is? It seems to go on forever and ever. So immense and unending! Well, that's just the way I am. My thoughts, ideas and plans are s 'way above yours. Trying to understand all My thoughts and My ways is like trying to capture the ocean in a bucket. It's impossible. That's why scientists give up and say, "There is no God!" I just laugh when they say that. Because they just don't know how to find Me. But you know. All you have to do is get quiet, empty yourself of your own thoughts and ideas, and just wait. Expect Me to fill your mind and heart and I will. My great big heart is full of love for you. So, try it sometime. I'm always near to you.



Mary Sings a Beautiful Song

After she was visited by the Holy Spirit and became pregnant with baby Jesus, Mary was so excited. She understood that God was going to change the course of human history by bringing His Son into the world as a baby. And He was going to use her to be baby Jesus' mother! Mary was so moved that she sang a beautiful song on the spot:

"My soul magnifies the Lord, and my spirit rejoices in God my Saviour, for he has regarded the low estate of his handmaiden...His mercy is on those who fear him from generation to generation.



"He has shown strength with his arm, he has scattered the proud in the imagination of their hearts, he has put down the mighty from their thrones, and exalted those of low degree. He has filled the empty with good things, and the rich he has sent empty away. He has helped his servant Israel, in remembrance of his mercy, as he spoke to our fathers, to Abraham and to his posterity forever."

Mary was just a simple teen, but she got a beautiful song of praise to the Lord because she was humble and yielded. We, too, can get beautiful messages from the Lord if we are willing to do what He tells us.



Trust in the LORD with all thine heart;
and lean not unto thine own
understanding. (Proverbs 3:5)

Casting down imaginations, and every
high thing that exalteth itself against the
knowledge of God, and bringing into
captivity every thought to the obedience
of Christ. (2 Corinthians 10:5)