

**—Moments with the Master—**

**MY  
MIND  
IS  
GOD'S  
ZONE**



**—Part 3 (of 5)—**

**—Moments with the Master—**

**A series of 50 topics for refreshing  
and reflecting in quiet moments.**

**My Mind is  
God's Zone  
—Topic 11—**

**Each topic includes writings such as true stories, reflections, poems,  
words from Jesus, scriptures, praises and prayers, along with lovely  
contributed illustrations and photos to add colour and artistic beauty.**

**Part 3 (of 5)**

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Jesus, my thoughts are whirling around in my head and won't rest. Please soothe my heart with Your love. You promised to give me peace beyond understanding, beyond anything the world could give. Thank You for Your peace. Thank You that You care enough to help me. Your love is big enough to fill the universe but You stoop down to help even little old me. Thank You, Jesus!



## **Character Building Thoughts for Children**

I believe that I am someone who can do important things.

I think for myself and make smart choices that are good for me.

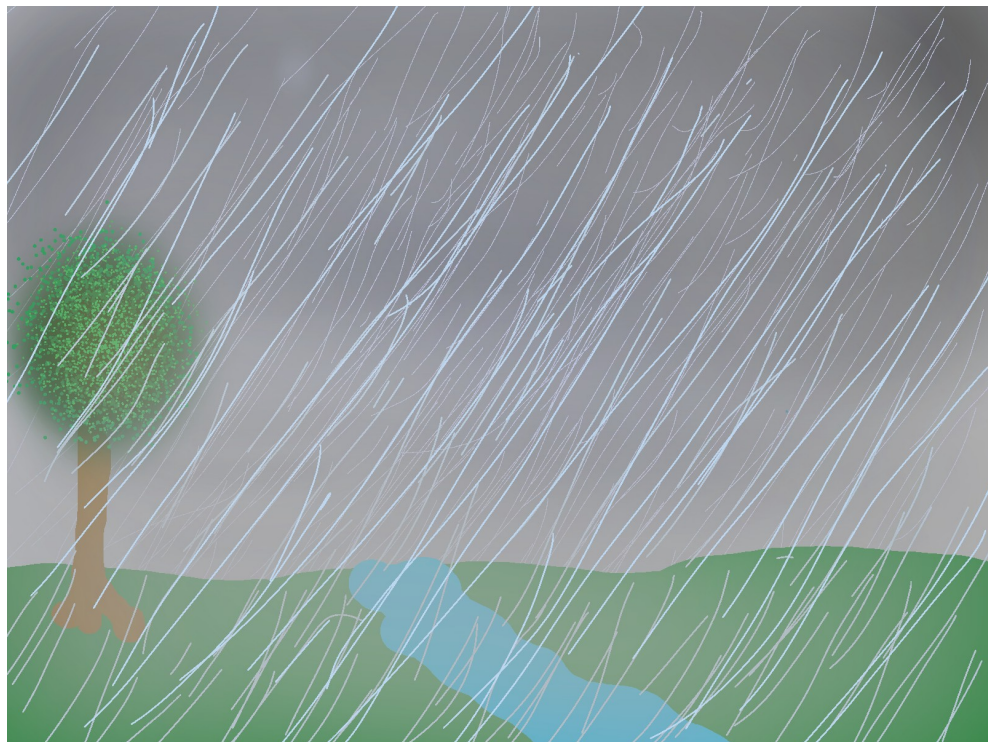
When I write down what I think and feel, I learn about myself.

I plan ahead and think about what I want to do when I grow up.

Before I do something, I ask myself, "Is it safe?"

I think before I act; how I act affects how others treat me.

*—By Leah Davies, M.Ed.*



(Jesus says: ) When you think of someone, don't just stop and ask yourself, "I wonder how they are doing?" Take it a step further! Pray for that person! After all, I'm the One Who brought them to your mind. I love them and I need you to pray for them. So many wonderful things are accomplished when you pray. And so many things go undone or lacking when you don't pray. So the next time you think of someone, remember it's Me bringing them to your mind. Be a channel of My love to others by praying for them.



## Trevor and the Blankets

Once there was a boy named Trevor who thought he couldn't do much to make a difference. One night, Trevor saw a story on the news about homeless people sleeping in the cold downtown. The story of the homeless people touched his heart and he wondered what he could do to help.

Trevor might have thought, "I'm just a kid," but instead he began to think about what he could do. Then he remembered there were some extra blankets in the garage. So he asked his father if he could take them to the homeless people. Trevor's dad drove Trevor downtown to hand out the extra blankets to the people on the streets.



When it came time to go to sleep that night, the homeless people were pretty happy for the nice warm blankets. Trevor was happy, too. He felt really good about giving out the blankets.

The next day, Trevor went to the grocery store and other places in his neighborhood. He put up signs asking for people to donate spare blankets or food. The result was surprising. Trevor found so many people willing to help that soon their garage was filled with food and blankets. Then Trevor and his dad had to look for a bigger place for all the donations. Finally, they had to get a warehouse! --There are things kids can do to make a big difference if they will follow what God shows them to do.



Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. (Philippians 4:8)